



Survey - Elders

Name:		Age:	
Phone:		Address:	

Attendance Interest: How often would you like to attend the Nak'azdli Elders Centre?

Daily Weekly Monthly Occasionally

☐ ☐ ☐ ☐

Preferred Days: Which days of the week are most convenient for you to attend?

Monday Tuesday Wednesday Thursday Friday

☐ ☐ ☐ ☐ ☐

Preferred Time: What time of the day do you prefer?

Morning Afternoon Both

☐ ☐ ☐

What types of activities are you most interested in?

Cultural Activities: (select all that apply)

- | | |
|---|---|
| <input type="radio"/> Language sessions | <input type="radio"/> Syllabics Sessions |
| <input type="radio"/> Dakelh Dictionary involvement | <input type="radio"/> Storytelling |
| <input type="radio"/> Creation of Dakelh Books | <input type="radio"/> Regalia making |
| <input type="radio"/> Dakelh Protocol Book creation | <input type="radio"/> Beading |
| <input type="radio"/> Medicine harvesting & making | <input type="radio"/> Medicine Book creation |
| <input type="radio"/> Dakelh Children Books | <input type="radio"/> Clan Involvement |
| <input type="radio"/> Drumming & Singing | <input type="radio"/> Dakelh Dance group |
| <input type="radio"/> Dakelh Name & Song Creation | <input type="radio"/> Smudging |
| <input type="radio"/> Blessing & Healing Ceremonies | <input type="radio"/> Sweat Lodge participation |
| <input type="radio"/> Geneology & family history | <input type="radio"/> Birch Basket making |
| <input type="radio"/> Dakelh Games | <input type="radio"/> Salmon & meat prep & harvesting |
| <input type="radio"/> Other | <input type="radio"/> Berry picking |

Social Connections: (select all that apply)

- | | |
|---|---|
| <input type="radio"/> Field Trips | <input type="radio"/> Family Tree |
| <input type="radio"/> Sharing Circles | <input type="radio"/> Adopt-an-Elder |
| <input type="radio"/> Daily Tea & Chat | <input type="radio"/> Intergenerational mentoring |
| <input type="radio"/> Grand Elders Tea | <input type="radio"/> Event planning |
| <input type="radio"/> Visit other Elder Communities | <input type="radio"/> Annual Year book |
| <input type="radio"/> Other: | <input type="radio"/> Annual Calendar |

Physical Activity: (select all that apply)

- | | |
|---|--|
| <input type="radio"/> Yoga | <input type="radio"/> Chair exercises |
| <input type="radio"/> Tai-chi | <input type="radio"/> Strength & balance exercises |
| <input type="radio"/> Water exercises in Vhoof pool | <input type="radio"/> Other: |

Support Services: (select all that apply)

- | | |
|---|--|
| <input type="radio"/> Advocacy support (linkages, liaison, letters) | <input type="radio"/> Local transportation |
| <input type="radio"/> Health services (mental health, nursing) | <input type="radio"/> Homecare Services (personal care, respite) |
| <input type="radio"/> Meals on Wheels | <input type="radio"/> Homemakers (cleaning, laundry) |
| <input type="radio"/> Food hampers | <input type="radio"/> Housing |
| <input type="radio"/> Education | <input type="radio"/> |

Educational & Awareness Workshops (select all that apply)

- | | |
|---|---|
| <input type="radio"/> Nutrition & Healthy Eating | <input type="radio"/> Internet safety |
| <input type="radio"/> Managing Chronic conditions | <input type="radio"/> Social media |
| <input type="radio"/> Mental Health Awareness | <input type="radio"/> Computer skills |
| <input type="radio"/> Money Management | <input type="radio"/> Smartphone & Tablet use |
| <input type="radio"/> Elder Abuse | <input type="radio"/> Advanced Care planning |
| <input type="radio"/> Home Safety & Maintenance | <input type="radio"/> Wills & Estate planning |
| <input type="radio"/> Gardening | <input type="radio"/> Cooking |
| <input type="radio"/> Science | <input type="radio"/> Nature & Wildlife |
| <input type="radio"/> Other: | <input type="radio"/> |

Recreational & Entertainment (select all that apply)

- | | |
|--|---|
| <input type="radio"/> Walking Group | <input type="radio"/> Nature walks |
| <input type="radio"/> Bowling | <input type="radio"/> Movies |
| <input type="radio"/> Golfing | <input type="radio"/> Music & instrumental group |
| <input type="radio"/> Keyoh Tours | <input type="radio"/> Art & Painting |
| <input type="radio"/> Crafts | <input type="radio"/> Card Games |
| <input type="radio"/> Puzzles | <input type="radio"/> Bingo trip |
| <input type="radio"/> Shop in PG pension day | <input type="radio"/> Mini Monthly bingo at Elders Centre |
| <input type="radio"/> | <input type="radio"/> Other: |

How important is it for you to have activities that connect you with your culture & traditions?

- ☐ Very Important ☐ Somewhat Important ☐ Not Important

Community Involvement: What Role would you play?

- | | |
|-----------------------------------|---------------------------------|
| <input type="radio"/> Participant | <input type="radio"/> Volunteer |
| <input type="radio"/> Mentor | <input type="radio"/> Advisor |

Past Experience: Have you attended similar programs in the past? What did you like/dislike about it?

Suggestions: Do you have any suggestions for activities, services, or improvements?

Barriers to attendance: Are there any barriers that might prevent you from attending? (transportation, health issues)

Additional Comments: Is there anything else you would like us to know to make this more beneficial for you?

Mussi for your valuable feedback!